

Pediatric growth hormone deficiency (pGHD) in children: signs to watch for and questions to ask your doctor

If you think that your child's growth is below normal, it's important to see your doctor to rule out or diagnose pGHD. By working with your doctor, you'll get the right diagnosis, treatment, and support.

Signs of pGHD to watch for¹

- ✓ **Slow growth** you may notice when your child is an infant or when they are 2 or 3 years old
- ✓ **Short height** relative to other children of the same age and sex
- ✓ **Chubbiness** even though your child has normal body proportions
- ✓ **Young-looking face** compared to other children of the same age
- ✓ **Delayed or absent puberty** in older children

Questions to ask your doctor

1. Should I be worried about my child's height?
 - a. If no: what should I do to monitor my child?
 - b. If no: what else can I do to help my child to grow?
 - c. If yes: what are the next steps?
2. What types of tests would my child need to find out if there is a growth deficiency?
3. If my child has a growth deficiency, what can we do about it?
4. What treatments are available?
5. How could pGHD affect my child's development in other areas?
6. Where can I get more information and support?

Reference: 1. The Hormone Health Network. Growth Hormone Deficiency in Children Fact Sheet. https://www.hormone.org/-/media/hormone/files/questions-and-answers/pediatric/fs_gd_growth_hormone_defic_children_en612.pdf?la=en. Accessed November 17, 2017.